LONG RANGE ¹³C-¹⁹F AND ¹H-¹⁹F COUPLING IN FLUOROSTEROIDS

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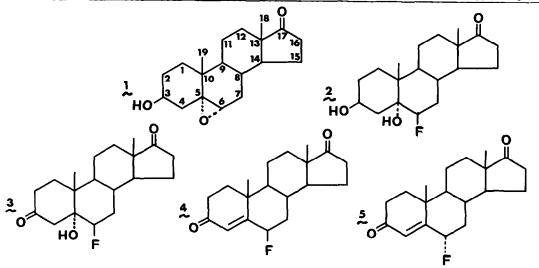
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Although many cases of long range and through space ${}^{1}H^{-19}F$ couplings are known¹, and long range ${}^{13}C^{-19}F$ couplings in aromatic systems are common², unambiguous cases of through space ${}^{13}C^{-19}F$ interaction are uncommon³,⁴. The steroid skeleton, by virtue of its rigidity, is ideally suited to studies of such effects, and indeed one of the first observations⁵ of through space ${}^{1}H^{-19}F$ coupling concerned 68-fluorosteroids, where the proximity of the C-68 fluorine and the C-19 methyl group resulted in ${}^{5}J({}^{1}H^{-19}F)$ values of 1.9-4.3 Hz. A ${}^{4}J({}^{13}C^{-19}F)$ value of 10 Hz for a 68fluorosteroid has been reported⁴, but without comment.

In the present study, the fluorosteroids 2-5, prepared from epoxide 1 by standard procedures, have been examined by ¹H- and ¹³Cmr.⁷ The anticipated⁵ through space ¹H-¹⁹F coupling of the C-19 methyl hydrogens to the 6 β fluorine was observed in 2-4 by ¹Hmr (see Table 1).

	1 10-		12 10			
Table 1.	1H-19F	and	13C-19F	couplings	in	2-2.

Compound		$J(X-^{19}F)$, Hz									
	C4H	С-6Н	С-19Н	C-3	C-4	C-5	C-6	C-7	C-8	C-10	C-19
2		50	4.4	0	<1	19.3	178	20	<1	1.8	9.2
3		49	3.6	0	<1	23	179	27	<1	1.8	9.2
4	5	50	2.2	<1	9.2	12.0	167	23	<1	2.0	<1
5	<1	49	0	<1	14.7	11.0	185	18.4	11.0	2.7	0



The assignments of the ¹³Cmr spectra of 2-5 were made by comparisons with published data^{4,8}, and are shown in Table 2. The values of $J(^{13}C^{-19}F)$ for coupling to C-5, -6, and -7, (Table 1) are as expected⁴. Gamma couplings of ca. 2 Hz to C-10 of 2-5 were observed: the coupling to C-4 of 4 and 5 is a result of the presence of the Δ^4 system, and the coupling to C-8 of 5 a result of the planarity of the F-C6-C7-C8 system and an F-C8 dihedral angle of 180°.

The striking feature of the ¹³Cmr spectra of 2 and 3 was the presence of a significant δ coupling to C-19. The magnitude of this coupling suggests the presence of a through-space contribution, an interpretation strengthened by the corresponding value of ⁴J \simeq zero noted for 4 and 5. The internuclear C19-F distance, estimated from Dreiding models of 2 and 3 is 2.5 Å; the corresponding distance in 4 is 3.0 Å. The former distance is well within the limit established for ¹H-¹⁹F through space interactions, whereas the latter is close to the limiting distance over which such interactions occur⁹.

Carbon		Compound					
	2*	ર	42	5			
1	30.8	33.4	37.0	36.3			
2	31.3	37.8	34.2	33.7			
3	65.0	211.6	199.6	198.4			
4	39.8	48.9	128.8	120.0			
5	72.5	76.3	161.2	165.3			
6	95.1	94.8	93.1	88.0			
7	30.5	30.8	36.2	37.2			
8	29.8	30.1	29.8	33.1			
9	44.2	45.3	53.4	53.7			
10	37.7	38.8	37.9	39.2			
11	19.8	20.5	20.3	20.2			
12	31.3	31.5	31.3	31.1			
13	47.2	47.8	47.7	47.5			
14	50.2	50.9	50.9	50.5			
15	21.2	21.7	21.7	21.7			
16	35.2	35.8	35.7	35.6			
17	219.5	220.7	219.8	219.5			
18	13.4	13.8	13.8	13.7			
19	15.4	15.5	18.5	18.1			

Table 2. ¹³Cmr resonances of 2-5, ppm from TMS = 0

* solvent DMSO d₆

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